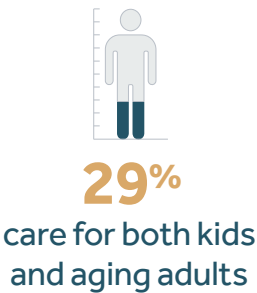
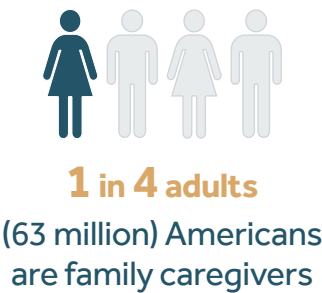


The Caregiver Crunch

What Every Employer Needs to Know

The latest *NAC/AARP* study shows caregiving is reshaping the workforce, with millions of employees juggling jobs and complex care responsibilities.

Caregiving is the new normal



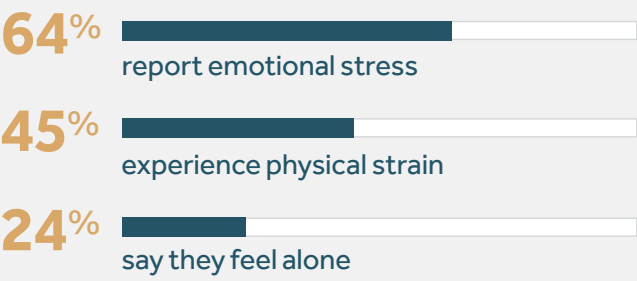
The workload



At work



Emotional & physical toll



Financial pressures



Behind every statistic is an employee balancing work and care.
Make sure your policies support them. Download our Caregiver Support Checklist to get started or [visit us online](#) for more resources.

Source: AARP and National Alliance for Caregiving. *Caregiving in the US 2025*. Washington, DC: AARP. July 2025. <https://doi.org/10.26419/ppi.00373.001>
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FLY-127083-09-25 CAT 124475 1025 SMRU 8402902 Exp. 09/22/2028