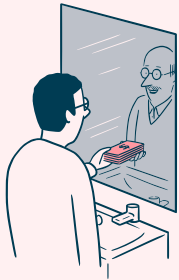


Biggest financial regrets

Results include regrets cited by more than 200 respondents

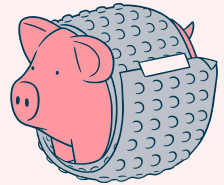
September 2019



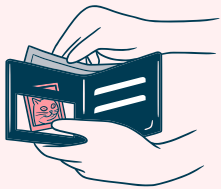
I did not start saving for retirement

11 years to recover
Average age of mistake: **34**
Average age of recovery: **45**

I did not maintain an adequate emergency fund



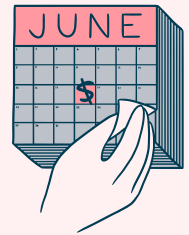
9 years to recover
Average age of mistake: **32**
Average age of recovery: **41**



I relied too much on my credit card

8 years to recover
Average age of mistake: **36**
Average age of recovery: **44**

I didn't pay off my credit card balance each month



5 years to recover
Average age of mistake: **35**
Average age of recovery: **40**

These findings are from a poll conducted by Morning Consult on behalf of New York Life from August 20-24, 2019, among a national sample of 2200 adults. The interviews were conducted online and the data were weighted to approximate a target sample of adults based on age, race/ethnicity, gender, educational attainment and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.

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