A large number of adults report being concerned about the impacts of inflation, healthcare costs, and national economic recovery. Approximately 9 in 10 adults (89%) are concerned that there will be a U.S. economic recession soon.

**TOP FINANCIAL CONCERNS** include being able to pay for daily expenses, such as:

- Groceries and gas: 39%
- Month-to-month bills: 36%
- Personal financial emergencies, such as healthcare costs: 24%

**Adults are spending across several areas in recent months in response to macroeconomic factors, reporting that they are:**

- Dining out/ordering from restaurants: 45%
- Traveling/vacations: 39%
- Attending events: 37%

**NOT ALL IS NEGATIVE, as**

- 59% of Americans have reported experiencing recent financial bright spots, including:
  - Paying off debt: 19%
  - Being able to afford a vacation: 18%
  - Contributing to savings or emergency fund: 17%

47% of adults reported saying they have made more progress recently on saving for retirement, although 32% say they have made no progress on this financial goal.

**Comparison to January 2022**

Fewer adults feel confident in their ability to meet their financial goals when compared to January (62% vs. 69% in January).

- 62% vs. 69%

When asked to describe how they feel about their finances, the top 3 words adults would use are uncertain (30%), anxious (29%), and hopeful (28%).

- 30% uncertain
- 29% anxious
- 28% hopeful

In January, 28% adults reported feeling uncertain, 22% felt anxious, and 39% felt hopeful.

- 28% uncertain
- 22% anxious
- 39% hopeful

This month, 64% of adults reported being confident that their retirement savings will last them their whole lives, representing a decrease from 74% in January 2022.

- 64% vs. 74%

**SURVEY METHODOLOGY**

This poll was conducted between June 23 and June 24, 2022 among a national sample of 2,210 adults. The interviews were conducted online, and the data were weighted to approximate a target sample of adults based on gender, educational attainment, age, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.